



Welcome to **Virtual Sports Week**

During this week we encourage you to take part in various activities that would have taken place, had we been in school. They can be done inside the comfort of your home or outside in the garden or on the green. These activities include

Running

Throwing

Kicking

Balancing

Landing

And traditional sports day activities

We ask you take a picture or video of you taking part in the event(s) you have chosen so we can create a whole school sports week video. This video will then be posted on the school website.

As we are a very healthy, green school, for each day of virtual sports week try and eat a piece of fruit or vegetable each day. If you want to be extra adventurous, try a new fruit or vegetable and post a picture of your reaction onto Seesaw.

Every teacher wants you to have fun and to enjoy the week full of fun, active events.

